



AQUATIC SCHEDULE

BUTLER YMCA
Begins September 3, 2024

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	CLOSED		Open Swim 5:30am- 4:00pm	Open Swim 5:30am-12:00pm	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am	Open Swim 5:30am-1:00pm	Open Swim 5:30am-11:30am
6:00								
6:30								
7:00					Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Swim Lessons (1 lane) 9:00am-10:05am		
7:30								
8:00								
8:30					Open Swim 10:30am-12:00pm	Aqua for Arthritis 10:15am-11:00am		
9:00								
9:30								
10:00	Open Swim 10:00am-2:00pm	Open Swim 10:00am-2:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 11:45am-1:00pm	Aqua Weight Training 11:30am-12:15pm			
10:30								
11:00								
11:30	Work it in the Water 12:00pm-12:45pm	YOGA H2O 12:15pm-1:00pm						
Noon								
12:30								
1:00	Aqua Dance Party 1:15pm-2:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm			
1:30								
2:00								
2:30	Open Swim 2:00pm-5:30pm	Open Swim 3:00pm-4:00pm	Open Swim 3:00pm-4:45pm	Open Swim 3:00pm-4:00pm	Open Swim 3:00pm-5:00pm			
3:00								
3:30								
4:00	Butler Barracuda Swim Team 4:00pm-7:00pm 4 lanes	Butler Barracuda Swim Team 4:00pm-7:00pm 4 lanes	Swim Lessons 4:45pm-5:30pm	Butler Barracuda Swim Team 4:00pm-7:00pm 4 lanes	Swim Lessons 5:00pm-6:45pm			
4:30								
5:00								
5:30	1 lane open for members	Swim Lessons 5:30pm-7:15pm	Swim Lessons (1 lane) 4:45pm-7:30pm	1 lane open for members	Swim Lessons 5:00pm-6:45pm			
6:00								
6:30								
7:00	Open Swim 7:00pm-8:00pm	Open Swim 7:15pm-8:00pm	Open Swim 7:30pm-8:00pm	Open Swim 7:00pm-8:00pm	Open Swim 6:45pm-8:00pm			
7:30								
8:00								

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of September 2 through week of October 14, 2024 (7 weeks) then OPEN swim.**



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Begins September 3, 2024

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00	Deep H2O Suspension 9:30am-10:30am	Gentle Water Exercise 11:00am-11:45am	Aqua Intervals 9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-9:00am	
8:30						
9:00						
9:30						
10:00						
10:30	Open Swim 10:30am-1:00pm	Total Body Conditioning 12:00pm-12:45pm	Open Swim 10:15am-4:00pm	Open Swim 11:30am-7:00pm	Swim Lessons 9:00am-1:15pm	
11:00						
11:30						
Noon						
12:30						
1:00	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	Open Swim 11:30am-7:00pm	Open Swim 11:30am-7:00pm	Open Swim 1:15pm-5:30pm	
1:30						
2:00						
2:30						
3:00						
3:30	Open Swim 3:00pm-4:00pm	Open Swim 3:00pm-8:00pm	Butler Barracuda Swim Team 4:00pm-7:00pm 4 lanes	1 lane open for members	Open Swim 1:15pm-5:30pm	
4:00						
4:30						
5:00						
5:30						
6:00	=====	Open Swim 3:00pm-8:00pm	Butler Barracuda Swim Team 4:00pm-7:00pm 4 lanes	1 lane open for members	Open Swim 1:15pm-5:30pm	
6:30						
7:00						
7:30						
8:00						
7:00	Swim Lessons (1 lane) 5:30pm-7:30pm	Open Swim 3:00pm-8:00pm	CLOSED	CLOSED	CLOSED	
7:30						
8:00						
8:00	Swim Lessons (1 lane) 5:30pm-7:30pm	Open Swim 3:00pm-8:00pm	CLOSED	CLOSED	CLOSED	



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

**Green Band
Swim Testing Times**
Monday-Wednesday 9:00am-6:30pm
Friday 9:00am-6:30pm
Saturday 9:00am-4:30pm
Sundays 10:00am-1:30pm