



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

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2024 FALL SESSION: September 1st - November 30th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		Open Gym 5:30-8:45 AM	Open Gym 5:30-7:30 AM	Open Gym 5:30-9:00 AM	Open Gym 5:30-7:30 AM	Open Gym 5:30-9:00 AM	Open Gym 5:30-8:00 AM
6:00								
6:30								
7:00								
7:30								
8:00	Open Gym 7:30-3:00 PM	Open Gym 7:30-8:15 AM	Land Group Exercise 9:00-10:30AM	Pickleball Open Play 7:30-4:30 PM	Open Gym 10:30 -5:00 PM	Pickleball Open Play 7:30-9:00 AM	Land Group Exercise 9:00-10:30AM	Pickleball Open Play 8:00-3:30 PM
8:30								
9:00								
9:30								
10:00								
10:30								
11:00								
11:30								
Noon		Birthday Parties* 10:30AM-2:00PM						
12:30								
1:00								
1:30								
2:00								
2:30								
3:00		CLOSED				Basketball Clinics 4:30-8:15 PM		
3:30								
4:00								
4:30								
5:00								
5:30								
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.				<p><b>Gym Guidelines &amp; Open Gym Rules</b></p> <ul style="list-style-type: none"> <li>Anyone in the gym will follow guidelines and rules posted in the gymnasium               <ul style="list-style-type: none"> <li>The intentional destruction of Y's property will not be tolerated.</li> </ul> </li> <li>Baseball, Softball, Lacrosse, Hockey, and Racquet Sport play/practice is not permitted.               <ul style="list-style-type: none"> <li>Youth 7 years and younger must be accompanied by an adult.</li> <li>Full Court play may be restricted when only one court is open.</li> </ul> </li> </ul> <p style="text-align: center;"><b>NO FOOD, DRINKS, OR GUM allowed in the gym.</b></p>				

