



AQUATIC SCHEDULE

BUTLER YMCA
Begins July 1, 2024

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY						
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN					
5:30am	CLOSED		Open Swim 5:30am- 9:30am	Open Swim 5:30am-12:00pm	Open Swim 5:30am-1:00pm	Open Swim 5:30am-10:15am	Open Swim 5:30am-1:00pm	Open Swim 5:30am-11:30am					
6:00													
6:30													
7:00													
7:30													
8:00													
8:30													
9:00													
9:30			Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am										
10:00													
10:30	Open Swim 10:00am-2:00pm			Work it in the Water 12:00pm-12:45pm	=====	Aqua for Arthritis 10:15am-11:00am							
11:00													
11:30				Open Swim 10:00am-2:00pm		Aqua Dance Party 1:00pm-1:45pm							
Noon													
12:30	CLOSED		Open Swim 10:30am-8:00pm	Open Swim 1:45pm-5:00pm									
1:00													
1:30							CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm			
2:00													
2:30													
3:00													
3:30													
4:00													
4:30													
5:00													
5:30	CLOSED			Swim Lessons 5:00pm-7:15pm	=====	Open Swim 3:00pm-8:00pm							
6:00													
6:30													
7:00													
7:30													
8:00													
8:00													

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of July 1 through week of August 12, 2024 (7 weeks) then OPEN swim.**



AQUATIC SCHEDULE

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Begins July 1, 2024

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am Barracudas Summer Swim 7:30am-9:00am (1 lane to July 12)	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						
8:30	Deep H2O Suspension 9:30am-10:30am	Open Swim 5:30am-11:00am	Aqua Intervals 9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-9:00am	
9:00						
9:30						
10:00						
10:30						
11:00						
11:30	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:15am-7:00pm	Open Swim 11:30am-7:00pm	Swim Lessons 9:00am-11:15am	
Noon						
12:30						
1:00						
1:30						
2:00						
2:30	Open Swim 3:00pm-8:00pm ===== Swim Lessons (1 lane) 4:45pm-6:10pm	Total Body Conditioning 12:00pm-12:45pm	Open Swim 10:15am-7:00pm	Open Swim 11:30am-7:00pm	Open Swim 11:15am-5:30pm	
3:00						
3:30						
4:00						
4:30						
5:00						
5:30	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	Open Swim 10:15am-7:00pm	Open Swim 11:30am-7:00pm	Open Swim 11:15am-5:30pm	
6:00						
6:30						
7:00						
7:30						
8:00						
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

Green Band Swim Testing Times
 Monday-Wednesday 9:00am-6:30pm
 Friday 9:00am-6:30pm
 Saturday 9:00am-4:30pm
 Sundays 10:00am-1:30pm