



AQUATIC SCHEDULE

BUTLER YMCA
Begins April 29, 2024

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY																									
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN																								
5:30am	CLOSED		Open Swim 5:30am-12:00pm	Open Swim 5:30am-12:00pm	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am	Open Swim 5:30am-1:00pm	Open Swim 5:30am-11:30am																								
6:00																																
6:30																																
7:00																																
7:30																																
8:00																																
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9:00																																
9:30																																
10:00	Open Swim 10:00am-2:00pm	Open Swim 10:00am-2:00pm	Open Swim 5:30am- 4:00pm	Work it in the Water 12:00pm-12:45pm	Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Aqua for Arthritis 10:15am-11:00am	Aqua Weight Training 11:30am-12:15pm	YOGA H2O 12:15pm-1:00pm																								
10:30																																
11:00	CLOSED	CLOSED	Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm																								
11:30																																
Noon					Open Swim 10:00am-2:00pm	Open Swim 10:00am-2:00pm			Open Swim 5:30am- 4:00pm	Work it in the Water 12:00pm-12:45pm	Open Swim 11:45am-1:00pm	Open Swim 11:45am-1:00pm	YOGA H2O 12:15pm-1:00pm	YOGA H2O 12:15pm-1:00pm																		
12:30																																
1:00					CLOSED	CLOSED			Swim Team (3 lanes) 2 lap lanes open 6:00pm-7:30pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm																		
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2:00											CLOSED	CLOSED			Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm												
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3:00																	CLOSED	CLOSED			Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm						
3:30																																
4:00	CLOSED	CLOSED	Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm			Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am															Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm								
4:30																																
5:00							CLOSED	CLOSED																			Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm
5:30																																
6:00					CLOSED	CLOSED			Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm			Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am															Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm		
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7:00											CLOSED	CLOSED	Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am			Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm												
7:30																																
8:00															CLOSED	CLOSED	Swim Team (4 lanes) 1 lap lane open 4:00pm-6:00pm	Swim Lessons 5:00pm-7:15pm			Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am			Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:30pm	Swim Lessons 5:00pm-7:30pm						
8:00																																

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of April 29 through week of June 10, 2024 (7 weeks) then OPEN swim.**



AQUATIC SCHEDULE

BUTLER YMCA

Begins April 29, 2024

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						
8:30	Deep H2O Suspension 9:30am-10:30am	Gentle Water Exercise 11:00am-11:45am	Aqua Intervals 9:30am-10:30am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-9:00am	
9:00						
9:30						
10:00						
10:30						
11:00						
11:30	Open Swim 10:30am-1:00pm	Total Body Conditioning 12:00pm-12:45pm	Open Swim 10:30am-4:00pm	Barre H2O 11:45am-12:30pm	Swim Lessons 9:00am-12:00pm	
12:30						
Noon						
1:00						
1:30						
2:00						
2:30	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	Open Swim 10:30am-4:00pm	Open Swim 12:30pm-1:00pm	Swim Lessons (1 lane) 9:00am-12:00pm	
3:00						
3:30						
4:00						
4:30						
5:00						
5:30	Swim Team (3 lanes) 1 lap lane open 4:00pm-8:00pm =====	Open Swim 3:00pm-8:00pm	Swim Team (3 lanes) 2 lap lanes open 4:00pm-7:00pm	Open Swim 1:45pm-7:00pm	Open Swim 12:00pm-5:30pm	
6:00						
6:30						
7:00						
7:30						
8:00						
8:00	Swim Lessons (1 lane) 4:30pm-7:30pm	Open Swim 3:00pm-8:00pm	CLOSED	CLOSED	CLOSED	



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

Green Band Swim Testing Times
 Monday-Wednesday 9:00am-6:30pm
 Friday 9:00am-6:30pm
 Saturday 9:00am-4:30pm
 Sundays 10:00am-1:30pm