



GYMNASIUM SCHEDULE
ROSE E. SCHNEIDER FAMILY YMCA

Christian DePolo, Sports Coordinator
resysports@bcfymca.org

November 19th - December 30th , 2023

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:00AM	Open Gym 5:30-9:00AM		Open Gym 5:30-9:00AM	Open Gym 5:30-7:30AM
6:00								
6:30								
7:00								
7:30				Net Setup 7:30-8:00				
8:00	Open Gym 8:00AM-3:00PM	Pickleball 8:00AM-2:00PM	Land Group Exercise 9:00AM-10:30AM	Pickleball 7:00AM-2:00PM	Land Group Exercise 9:00AM-10:30AM	Land Group Exercise 9:00AM-10:30AM	Pickleball 8:00-2:00PM	
8:30								
9:00								
9:30								
10:00								
10:30			Net Set-Up 11:30-12:00PM					
11:00			Pickleball 12:00-3:30PM					
11:30								
Noon					School Vacation Care 12/26			
12:30						Pickleball 11:00-2:00PM		
1:00								
1:30								
2:00	School Vacation Care 11/27	Open Gym 2:00PM-4:45PM						
2:30								
3:00			Open Gym 2:00-4:30PM	School Vacation Care 12/26, 12/27				
3:30								
4:00								
4:30	Net Set-Up 4:30-5:00PM							
5:00	Youth Volleyball Clinics 5:00PM-7:00PM	Swim Team Dry Land 5:00-6:00 PM						
5:30								
6:00								
6:30								
7:00								
7:30	Youth / Teen Basketball Clinics 4:45-8:00	Swim Team Dryland 5:00-6:00PM	Pickleball Open Play 4:30-9:30 pm					
8:00								
8:30								
9:00				Open gym 8:00AM-10:00PM				
9:30								
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.				<div>Gym Guidelines & Open Gym Rules</div> <ul style="list-style-type: none">Anyone in the gym will follow guidelines and rules posted in the gymnasium<ul style="list-style-type: none">The intentional destruction of Y property will not be tolerated.Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.<ul style="list-style-type: none">Youth 7 and younger must be accompanied by an adult.Full Court play may be restricted when only one court is open. <div>NO FOOD, DRINKS, OR GUM allowed in the gym.</div>				
PROGRAMS HAVE PRIORITY OF GYM USAGE								
OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM								
SCHEDULE IS SUBJECT TO CHANGE								



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	THURSDAY		FRIDAY		SATURDAY		
	CT A	CT B	CT A	CT B	CT A	CT B	
5:30	Open Gym 5:30-9:00AM <div>School Vacation Care 12/28</div>	Open Gym 5:30-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30-7:30AM	Open Gym 5:30-8:30AM	Open gym 5:30-6:00PM	
6:00							
6:30							
7:00							
7:30		Net Set-Up 7:30AM-8:00AM		Net Set-Up 7:30-8:00AM			
8:00							
8:30							
9:00	Land Group Exercise 9:00AM-10:30AM	Land Group Exercise 9:00AM-10:30AM	Pickleball Clinics, leagues, Open Play. 8:00 AM-9:00 PM	Little Champs Soccer/Youth Soccer (inclement weather schedule) Clinics 9:00AM-12:00AM			
9:30							
10:00							
10:30	Pickleball 8:00AM-2:00PM	Gym Jamboree Pre-k Gym Class 10:30AM-12:45PM		Brunch With Santa 12/09 7:00-1:30PM			
11:00							
11:30							
Noon		Pickleball 11:00-2:00PM		School Vacation Care 12/22, 12/29	Open Gym 11:00AM-6:00PM		Birthday Parties* 10:30am-5:30pm
12:30							
1:00							
1:30							
2:00							
2:30	Open Gym 2:00-4:30PM		Basketball Private lessons 5:00-7:00 1/2 of court B			Open Gym 1:00-10:00PM	
3:00							
3:30							
4:00							
4:30	Private Sports Instruction 4:45PM-7:00PM	Open Gym 2:00-9:30PM	Parents Night Out 12/01, 12/15 7:00pm-8:00pm	CLOSED			
5:00							
5:30							
6:00							
6:30							
7:00	Open Gym 7:15PM-9:30PM	Brunch With Santa (set-up) 12/08 12:00pm-10:00PM	Open Gym 9:00-9:30PM				
7:30							
8:00							
8:30							
9:00							
9:30							