



**ROSE E. SCHNEIDER FAMILY YMCA**  
**TOM MURRAY FAMILY AQUATICS CENTER**  
 Session 9: November 19 - December 30, 2023 (6 weeks)

# LAP POOL SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30am	Closed	Open/Split Swim 5 Lanes Available 5:30AM-7:00AM					Swim Program No Lanes Available 5:30AM-7:30AM	
6:00								
6:30								
7:00		Open/Split Swim 5 Lanes Available 7:00AM-8:00AM	Open/Split Swim 5 Lanes Available 7:00AM-8:00AM	Open/Split Swim 5 Lanes Available 7:00AM-8:00AM	Open/Split Swim 5 Lanes Available 7:00AM-8:00AM	Open/Split Swim 5 Lanes Available 7:00AM-8:00AM		
7:30								
8:00	Open/Split Swim 5 Lanes Available 8:00AM-2:30PM	Open/Split Swim 5 Lanes Available 8:00AM-9:00AM	Aqua Class 3 Lanes Available 8:00AM-9:00AM	Open/Split Swim 5 Lanes Available 8:00AM-9:00AM	Aqua Class 3 Lanes Available 8:00AM-9:00AM	Aqua Class 3 Lanes Available 8:00AM-9:00AM	Open/Split Swim 5 Lanes Available 7:30AM-11:00AM	
8:30								
9:00		Aqua Class 3 Lanes Available 9:00AM-10:00AM	Open/Split Swim 5 Lanes Available 9:00AM-11:00AM	Aqua Class 3 Lanes Available 9:00AM-10:00AM	Open/Split Swim 4-5 Lanes Available 9:00AM-11:00AM			
9:30								
10:00								
10:30		Navy 4 Lanes Available 9:00AM-1:00PM	Open/Split Swim 5 Lanes Available 11:00AM-12:00PM	Navy 4 Lanes Available 9:00AM-1:00PM	Open/Split Swim 5 Lanes Available 10:30AM-3:00PM	Navy 4 Lanes Available 9:00AM-1:00PM		
11:00								
11:30								
Noon		Open/Split Swim 5 Lanes Available 1:00PM-3:00PM	Open/Split Swim 5 Lanes Available 12:00PM-3:00PM	Open/Split Swim 5 Lanes Available 1:00PM-3:00PM	Open/Split Swim 5 Lanes Available 1:00PM-3:00PM	Open/Split Swim 5 Lanes Available 12:30PM-3:00PM		
12:30								
1:00								
1:30								
2:00		Closed	Swim Program No Lanes Available 3:00PM-4:45PM	Swim Program No Lanes Available 3:00PM-4:45PM	Swim Program No Lanes Available 3:00PM-4:45PM	Swim Program No Lanes Available 3:00PM-4:45PM	Swim Program No Lanes Available 3:00PM-4:45PM	Swim Program 2 Lanes Available 3:00PM-4:30PM
3:00								
3:30								
4:00								
4:30	Swim Program 1 Lane Available 4:45PM-6:30PM		Swim Program 1 Lane Available 4:45PM-6:15PM	Swim Program 1 Lane Available 4:45PM-6:30PM	Swim Program 1 Lane Available 4:45PM-6:15PM	Open/Split Lanes 1 Lane Available 4:45PM-6:15PM	Open/Split Lanes 5 Lanes Available 4:30PM-5:30PM	
5:00								
5:30	Swim Program 2 Lanes Available 6:30PM-7:00PM		Swim Program 2 Lane Available 6:15PM-7:45PM	Swim Program 2 Lanes Available 6:30PM-7:00PM	Swim Program 2 Lane Available 6:15PM-7:45PM	Swim Program 2 Lanes Available 6:15PM-7:45PM		
6:00								
6:30								
7:00								
7:30	Swim Program 1 Lane Available 7:00PM-8:00PM		Swim Program 1 Lane Available 7:45PM-9:00PM	Swim Program 1 Lane Available 7:00PM-8:00PM	Swim Program 1 Lane Available 7:45PM-9:00PM	Swim Program 1 Lane Available 7:45PM-9:00PM		
8:00								
8:30	Swim Program 1 Lane Available 8:00PM-9:30PM		Open/Split Swim 5 Lane Available 9:00PM-9:30PM	Swim Program 1 Lane Available 8:00PM-9:30PM	Open/Split Swim 5 Lanes Available 9:00PM-9:30PM	Open/Split Swim 5 Lanes Available 9:00PM-9:30PM		
9:00								
9:30pm	CLOSED					Closed		

- ❖ Open competitive swim is for advanced swimmers of all ages to train with our swim team and master swim team coached free of charge.
- ❖ Sauna/Steam Room/Whirl Pool: users must be 18 and over.
- ❖ Private Swim Lessons may take place during open swim times.
- ❖ Children wearing PFDs must be within arm's length of adult supervision.
- ❖ Please observe all posted rules in the Aquatic Center.
- ❖ Schedule is subject to change

**TEST, MARK & PROTECT: ALL children 12 and under are required to wear a wristband in the facility.**



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**WARM WATER POOL**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30a	Closed	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-9:00AM	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-9:00AM	Open Swim 5:35AM-8:00AM	Open Swim 5:30AM-9:00AM	
6:00								
6:30								
7:00								
7:30								
8:00	Open Swim 8:00AM-10:00AM	**Aqua Class 8:00AM-11:00PM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 9:00AM-11:00AM	
8:30								
9:00								
9:30								
10:00								
10:30	**Aqua Class 10:00AM-11:00AM							
11:00	Open Swim 11:00AM-2:30PM	Adult Swim 11:00PM-11:30AM	Open Swim 11:00AM-12:30PM	Adult Swim 11:00AM-11:30AM	Adult Swim 11:00AM-11:30AM	Open Swim 11:00AM-9:30PM	**Swim Program 11:00AM-1:30PM	
11:30		Aqua Class/ Open Swim		Aqua Class/ Open Swim				
Noon		11:30PM-12:30PM		11:30AM-12:30PM				
12:30			Open Swim 12:30PM-4:45PM	Open Swim 12:30PM-4:45PM	Open Swim 12:00PM-4:45PM		Open Swim 1:30AM-5:30PM	
1:00								
1:30	Closed	Open Swim 12:30PM-4:45PM	**Swim Program 12:30PM-2:20PM	Open Swim 12:30PM-4:45PM	Open Swim 12:00PM-4:45PM		Open Swim 11:00AM-9:30PM	
2:00								
2:30			Open Swim 2:20PM-4:45PM					
3:00								
3:30			**Swim Program 4:45PM-6:35PM	**Swim Program 4:45PM-6:35PM	**Swim Program 4:45PM-6:35PM			
4:00								
4:30			**Swim Program 4:45PM-6:35PM	**Swim Program 4:45PM-6:35PM	**Swim Program 4:45PM-6:35PM			
5:00								
5:30			**Aqua Class 6:45PM-7:45PM	Open Swim 6:35PM-9:30PM	Open Swim 6:35PM-9:30PM			
6:00								
6:30			**Swim Program 6:00PM-7:30PM	Open Swim 8:00PM-9:30PM	Open Swim 8:00PM-9:30PM			
7:00								
7:30								
8:00								
8:30								
9:00								
9:30p		Closed						

**Aquatic Programming Notes:**

\*\*Warm Water Pool is CLOSED during **AQUA CLASSES** and **SWIM PROGRAMS** (unless noted to share).

Family Fun Pool is CLOSED during scheduled **BIRTHDAY PARTIES** and **SWIM PROGRAMS**.

**PRIVATE SWIM LESSONS** may take place during Warm Water Pool and Family Fun Pool open swim times; please share.

**FAMILY FUN POOL**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30a-8:00a	Closed 5:30AM-8:00AM						
8:00	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-12:45PM
8:30							
9:00							
9:30							
10:00							
10:30	Possible Birthday Party 11:15AM-1:15PM	Open Swim Sprays On (upon request) 11:00AM-2:00PM					
11:00							
11:30	Closed	Open Swim Sprays On/Off 11:00PM-3:00PM	Open Swim Sprays On/Off 11:00AM-3:00PM	Open Swim Sprays On/Off 11:00AM-3:00PM	Open Swim Sprays On/Off 11:00AM-3:00PM	Open Swim Sprays On/Off 11:00AM-3:00PM	Open Swim Sprays On (upon request) 12:45PM-5:00PM
Noon							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30	Open Swim No Sprays 3:00PM-9:00PM	Open Swim No Sprays 3:00PM-8:45PM	Open Swim No Sprays 3:00PM-9:00PM	Open Swim No Sprays 3:00PM-8:45PM	Open Swim No Sprays 3:00PM-8:45PM	Open Swim No Sprays 3:00PM-8:45PM	Possible Birthday Party 12:15PM-1:15PM & 3:15PM-4:15PM
8:00							
8:30							
9:00							
9:30p							