



# AQUATIC SCHEDULE

BUTLER YMCA

**Begins November 20, 2023**

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY					
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN				
5:30am	CLOSED		Open Swim 5:30am- 3:00pm	Open Swim 5:30am-12:00pm	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am  Swim Lessons (1 lane) 9:35am-10:05am	Open Swim 5:30am-1:00pm  Swim Team (2 lanes) Wed Nov 22 9am-11am AND 1pm-4:30pm	Open Swim 5:30am-11:30am				
6:00												
6:30												
7:00												
7:30												
8:00												
8:30												
9:00												
9:30												
10:00	Open Swim 10:00am-2:00pm	Open Swim 10:00am-2:00pm	Swim Team (2 lanes) Mon Nov 27 9am-11am AND 1pm-3pm	Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Aqua for Arthritis 10:15am-11:00am	Gentle Water Exercise 11:00am-11:45am	Gentle Water Exercise 11:30am-12:15pm					
10:30												
11:00												
11:30				Open Swim 10:00am-2:00pm	Open Swim 10:00am-2:00pm	Swim Team (2 lanes) Mon Nov 27 9am-11am AND 1pm-3pm	Open Swim 10:30am-1:00pm	Open Swim 11:45am-1:00pm	Aqua Weight Training 12:15pm-1:00pm			
Noon												
12:30												
1:00							CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1:30												
2:00												
2:30												
3:00												
3:30												
4:00												
4:30												
5:00												
5:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED						
6:00												
6:30												
7:00												
7:30												
8:00												

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of November 6 to week of December 18, 2023 (6 weeks).**
- **FLOAT PARTY!!!! December 1 from 6pm-7:30pm in Pool 1. FREE for Y Family Members... REGISTER TODAY!**



# AQUATIC SCHEDULE

BUTLER YMCA  
Begins November 20, 2023

	THURSDAY			FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:00am			
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00	Deep H2O Suspension 9:30am-10:30am		Aqua Intervals 9:30am-10:30am	YMCA Child Care Swim Lessons 9:00am-11:30am		Open Swim 7:30am-9:00am	
9:30							
10:00	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:30am-3:00pm	Open Swim 11:30am-1:00pm	Open Swim (4 lanes during Swim Lessons) 7:30am-5:30pm	Swim Lessons 9:00am-11:15am	
10:30							
11:00							
11:30							
Noon							
12:30							
1:00							
1:30	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-4:00pm	Open Swim 10:30am-3:00pm	Aqua Dance Party 1:00pm-1:45pm	Swim Lessons (1 lane) 9:00am-12:00pm	Open Swim 11:15am-5:30pm	
2:00							
2:30							
3:00							
3:30	Knoch Swim Team (5 lanes) 3:00pm-4:30pm		Knoch Swim Team (5 lanes) 3:00pm-4:30pm				
4:00							
4:30	Butler/Knoch Swim Teams (4 lanes) 4:00pm-6:00pm	Open Swim 4:00pm-8:00pm	Butler/Knoch Swim Teams (4 lanes) 4:00pm-7:00pm	Open Swim 1:45pm-7:00pm			
5:00							
5:30							
6:00	Open Swim 6:00pm-8:00pm		CLOSED	CLOSED	CLOSED	CLOSED	
6:30							
7:00							
7:30							
8:00							



**Test. Mark. Protect.**

• Ages 12 and under must pick-up a swim band before entering the pool.

• Bands indicate swimming ability.

• Red= Non-Swimmer

• Green=Swimmer

• Ages 7 and under require reach supervision from an adult in the water regardless of band color.

• Red bands are restricted to shallow water and require adult reach supervision in the water at all times.

• Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

### Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm

Friday 9:00am-6:30pm

Saturday 9:00am-4:30pm

Sundays 10:00am-1:30pm