



NURTURE - INSPIRE - MOTIVATE

YOUTH & TEEN Program Guide

SESSION 9: November 19–December 30, 2023 (6 WEEKS)

REGISTRATION: MEMBER: NOV 3-10 | NON-MEMBER: NOV 6-10



SPECIAL EVENTS

PARENTS NIGHT OUT | 12/01, 12/15 | 5:00PM-9:00PM | AGES 4-12 | \$15 MEMBERS | \$25 NON-MEMBERS

SCHOOL VACATION CARE | 11/22, 11/27, 12/22, 12/26, 12/27, 12/28, 12/29 | AGES 5-12 | 7:00AM-6:00PM | MEMBERS \$40 | \$60 NON-MEMBERS

GIVING TUESDAY | NOVEMBER 28TH | 7:00AM-7:00PM | HELP US HELP OTHERS – DONATE TO OUR ASC CAMPAIGN ON GIVING TUESDAY @ ROSE!

BRUNCH WITH SANTA | DECEMBER 9TH @ 9:00AM, 10:00AM, 11:00AM OR 12:00PM | ALL AGES WELCOME | \$0 MEMBERS | \$15 NON | REGISTRATION REQUIRED

HIRING EVENT | THURSDAY, NOVEMBER 16TH | 4:00PM-7:00PM | CONTACT BMASER@BCFYMCA.ORG WITH QUESTIONS

SWIM LESSONS

Group Swim Lessons meet twice a week for 4 weeks (8 lessons) unless otherwise noted

byacobucci@bcfymca.org: x217

GROUP SWIM LESSONS	AGES	DAY	# Weeks	TIME	MEMBER/NON-MEMBER
Level 1 Water Acclimation	6-17yrs	Monday/Wednesday OR Tuesday/Thursday	4	MW: 4:45PM-5:15PM TT: 4:45PM-5:15PM	\$70/\$115
Level 2 Water Movement	6-17yrs	Monday/Wednesday OR Tuesday/Thursday	4	MW: 5:25PM-5:55PM TT: 5:25PM-5:55PM	\$70/\$115
Level 3 Water Stamina (MUST be yellow band)	6-17yrs	Monday/Wednesday OR Tuesday/Thursday	4	MW: 6:05PM-6:35PM TT: 6:05PM-6:35PM	\$70/\$115
Level 4 Stroke Introduction (Green Band)	6-17yrs	Monday/Wednesday	4	4:50PM-5:30PM	\$75/\$120
Level 5 6 Stroke Development (Green Band)	6-17yrs	Monday/Wednesday	4	5:40PM-6:20PM	\$75/\$120
Private Swim Lessons (Any Level)	3+yrs	Saturday	5	11:00AM-11:30AM, 11:30AM-12:00PM, 12:00PM-12:30PM, OR 12:30PM-1:00PM	\$140/\$200

YOUTH & FAMILY

byacobucci@bcfymca.org | Barbara Yacobucci, Youth & Family Director: x217

ARTS & HUMANITIES	AGES	DAY	# Weeks	TIME	MEMBER/NON-MEMBER
School Vacation Care	5-12yrs	11/22, 11/27, 12/22, 12/26, 12/27, 12/28, 12/29	1	7:00AM-6:00PM	\$40/\$60
Parents Night Out	4-12yrs	12/01, 12/15	1	5:00PM-9:00PM	\$15/\$25
Brunch with Santa	0-100yrs	Saturday, December 9th	1	9:00AM 10:00AM 11:00AM 12:00PM	\$0/\$15
Youth & Government	14-18yrs	Monday (9/11/23-5/1/24)	Ongoing	6:00PM-8:30PM	\$100
Youth Enrichment – Chefs in Training	6-12yrs	Tuesday (11/21-12-19)	5	6:45PM-7:45PM	\$40/\$50
Specialized One-Day Workshops	6-12yrs	Wednesday (11/29, 12/6, 12/13, 12/20)	1	6:45PM-7:45PM	\$10/\$15
Child's Pose	4-7yrs	Wednesday (12/29-12/20)	4	5:30PM-6:15PM	\$25/\$30

SPORTS

byacobucci@bcfymca.org | Barbara Yacobucci, Youth & Family Director: x217

KEYSTONE MARTIAL ARTS	AGES	DAY	TIMES	MEMBER/NON-MEMBER
Youth Beginner	7-13yrs	Meets 3x per week: Monday, Tuesday, Thursday	Mon & Tues: 6:40PM-7:10PM Thurs: 6:45PM-7:45PM	Monthly: \$75/\$120
Youth Intermediate	7-12yrs	Meets 3x per week: Monday, Tuesday, Thursday	Mon & Tues: 7:15PM-7:45PM Thurs: 6:45PM-7:45PM	Monthly: \$75/\$120
Youth Advanced	7-12yrs	Meets 3x per week: Monday, Tuesday, Thursday	Mon/Tues/Thurs: 7:45PM-9:00PM	Monthly: \$75/\$120
Teen & Adult	14+yrs	Meets 3x per week: Monday, Tuesday, Thursday	Mon/Tues/Thurs: 7:45PM-9:00PM	Monthly: \$75/\$120
Mighty Dragons (invite only)	6+	Thursday	Thurs: 6:00PM-6:45PM	Monthly: \$65/\$110

YOUTH/TEEN SPORTS	AGES	DAY	# Weeks	TIME	MEMBER/NON-MEMBER
Youth Indoor/Outdoor Soccer Clinic	6-8yrs 9-13yrs	Saturday (12/02-12/23)	4	10:00AM-11:00AM 11:00AM-12:00PM	\$25/\$30
Youth Basketball Clinic	6-9yrs 9-13yrs	Monday (11/20-12/18)	5	6:00PM-7:00PM 7:00PM-8:00PM	\$25/\$30
Volleyball Clinic – Beginner/Intermediate	8-13yrs	Wednesday (11/29-12/20)	4	5:00PM-6:00PM	\$25/\$30
Volleyball Clinic – All Skill	13-17yrs	Wednesday (11/29-12/20)	4	6:00PM-7:00PM	\$25/\$30
Pickleball Ladder League	17+yrs	Friday (12/01-12/29)	5	7:00PM-9:00PM	\$20/\$30
Youth Beginner Pickleball Clinic	10-15yrs	Friday (12/01-12/29)	5	5:00PM-6:00PM	\$25 / \$40
Pickleball Beginner Clinic	15+yrs	Tuesday (11/28, 12/12)	1	11:00AM-12:00PM	\$15/\$25
Pickleball Session-Long Beginner Clinic	15+yrs	Friday (12/01-12/29)	5	6:00PM-7:00PM	\$25/\$40
Sports Coaching/Private Instruction	8+yrs	Thursday (11/30, 12/07, 12/14, 12/21)	1	5:00PM-6:00PM 6:00PM-7:00PM	\$25/\$40
Basketball Coaching/Private Instruction	8+yrs	Thursday (11/30, 12/07, 12/14, 12/21)	1	5:00PM-6:00PM 6:00PM-7:00PM	\$25/\$40

HEALTH & FITNESS

resyhealthyliving@bcfymca.org | Kathy Hensler, Healthy Living Director: x226

14+ years old may attend group exercise and cycle classes! 12-13 years old may attend classes with a parent. Youth must be at least 4'4" for a proper bike fit.

CLASS	AGES	DAY	# Of Weeks	TIME	MEMBER / NON-MEMBER (DROP-IN)
Speed And Agility Performance Training	7-10yrs	Tuesday *no class 12/26	6	5:15PM-6:00PM	\$39/\$78 (\$10)
	11-15yrs	Tuesday *no class 12/26	6	4:30PM-5:15PM	\$39/\$78 (\$10)
Off Season Advantage	7-15yrs	Sunday & Tuesday *no class 12/24	5	SUN: 10:00AM-11:00AM TUES: 6:10PM-7:10PM	\$60/\$120
Total Body Conditioning for Youth	10-15yrs	Monday & Wednesday *no class 12/25	5	4:30PM-5:15PM	\$60/\$120
Girls Got Guns	9-14yrs	Thursday	6	5:00PM-6:00PM	\$40/\$80

REACH & RISE @

jburr@bcfymca.org | Jessica Burr, Reach & Rise@ Director: x136

Reach & Rise – Spring Program	8-10 yrs	Monday, starting January 8th	16 weeks	4:30PM-6:30PM	\$0/Registration Required
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The schedule is subject to change Youth Program Policy: Youth 7 years and younger must have an adult 18+ remain in the facility during programs. | UPDATED 10/25/23

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