



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Reach & Rise® Group Volunteer Job Description

**Objective:** The **Reach & Rise®** mentoring program trains adult volunteers to provide mentoring services to youth ages 6-17. We aim to help youth develop tools to improve self-esteem, decision-making skills, school performance and interpersonal relationships.

**Time Commitment:**

- 15 hours of training
- 8 weeks in Summer or 16 weeks Spring or Fall
- 2 hours each week
- Weekly in person or phone check-in with Program Director

**Reports To:** **Reach & Rise®** Program Director

**Principal Activities:** Developing supportive, consistent mentoring relationship with a group of youth through paraprofessional therapeutic techniques and group activities. Help youth explore and cope with social and/or emotional issues.

**Position Requirements:**

- Must be at least 21 years old when mentoring group begins
- Desire to work with youth
- Must receive fingerprint screening/background clearance
- Commitment to co-facilitate a mentoring group with mentees one time a week for 2 hours for 8 or 16 weeks

**Training and Support:**

Mentors attend 15+ hours of training over the course of approximately 4-5 weeks. The training prepares volunteers for the mentoring relationship, providing information about the program, expectations, basic therapeutic concepts, relationship building, understanding risk factors, mental health issues, how to handle safety issues, and group dynamics. If accepted into the program, mentors are then matched with a co-mentor and up to 6 mentees. Ongoing support will be provided by the Program Director.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



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## **Reach & Rise® Mentor Application**

Thank you for your interest in becoming a mentor with the **Reach & Rise®** mentoring program. It is a great way to make a difference in a young person's life. This application is designed to provide information to help us match you with the most appropriate child and your answers will be kept confidential. **For security & safety purposes, all mentor applicants will need to have fingerprints or background checks completed and cleared before being matched with a group.** If you have any questions, please contact the Program Director.

**Please mail, fax, or email your completed application to:**

Jessica Burr, MSOL  
**Reach & Rise®** Clinical Director  
Butler County Family YMCA  
339 North Washington Street  
Butler, PA 16001  
[Jburr@bcfymca.org](mailto:Jburr@bcfymca.org)  
724-287-4733 ext. 136

**Mentor Information:**

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Gender: \_\_\_\_\_ Personal Gender Pronoun (e.g. Him, Her, Their, etc.): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

Best Way to be Contacted:  Home #  Cell #  Work #  Text  Email

Best Times to be Contacted: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Did You Hear About Us? \_\_\_\_\_

**Please Answer the Following Questions:**

Do you have any felony convictions?  YES  NO

Have you ever abused or molested a child?  YES  NO

**Please check the groups you are available and/or interested in volunteering for:**

16 Week Fall Group  16 Week Spring Group  8 Week Summer Group

Do you have any transportation or geographic/location restraints? \_\_\_\_\_

Why do you want to become Group Mentor? \_\_\_\_\_

\_\_\_\_\_



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Do you have any experience working with, volunteering, or spending time with youth? If yes, explain: \_\_\_\_\_

Please describe any **other** volunteer experiences you have: \_\_\_\_\_

Why do you think youth are referred to mentoring programs? How do you think they would benefit from being in a mentoring group? \_\_\_\_\_

Do you have any academic pursuits/experience that is related to working with youth? Explain: \_\_\_\_\_

Do you have any experience being a part of a group or team? Give example: \_\_\_\_\_

Do you have any experience running or facilitating a group/team? \_\_\_\_\_

What's your comfort level with leading a group of youth? \_\_\_\_\_

Who was a mentor for you as a child? What qualities did they have that helped you? \_\_\_\_\_

Please describe your relationships with your family (e.g. parent(s)/guardian(s), siblings, etc.) both **past & present**. Include how you were disciplined as a youth and by whom.



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Please describe past and current patterns of drug and alcohol use: \_\_\_\_\_

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What are some of your interests & hobbies? Anything you'd like to share with mentees? \_\_\_\_\_

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Do you have a preference as to the age, race/ethnicity, gender, sexual orientation, special needs, religious beliefs, political affiliation, socioeconomic background, or geographic location of the youth you'd work with? \_\_\_\_\_

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**References:**

The YMCA checks references for all volunteers and the **Reach & Rise®** Mentoring Program requires 2 Personal References & 2 Professional References. The following information is required of all applicants.

**PERSONAL REFERENCES**

NAME	PHONE	E-MAIL	RELATIONSHIP TO YOU?	HOW LONG HAVE YOU KNOWN THIS PERSON?

**PROFESSIONAL REFERENCES**

NAME	PHONE	E-MAIL	RELATIONSHIP TO YOU?	HOW LONG HAVE YOU KNOWN THIS PERSON?

You just finished the first step toward applying to be a mentor & we look forward to getting to know you! Your application will be reviewed by the Program Director and you will be contacted regarding an interview, training group dates, & additional steps needed to complete the application process. YMCA reserves the right to terminate a volunteer applicant or volunteer at any time if needed.

\_\_\_\_\_  
**Mentor Applicant Signature**

\_\_\_\_\_  
**Date**

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